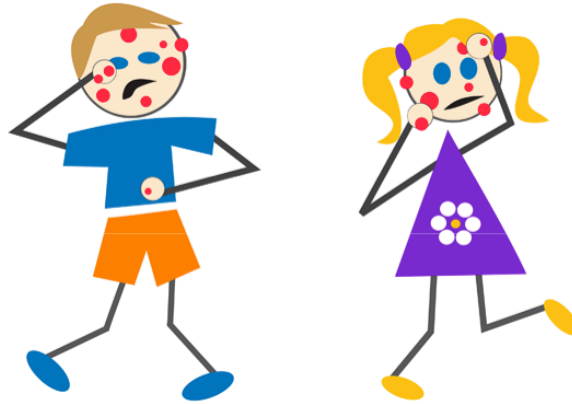


ECZEMA



July, 2012



TREATMENT OF YOUR CHILD'S ECZEMA/SKIN ALLERGY

1. Keep fingernails short and clean.
2. Keep arms and legs covered as much as possible; i.e., long sleeved shirts and slacks.
3. Avoid woolen and synthetic clothing.
4. Bathe/shower with **Dove, Caress, Basis or Nutragena soaps or Alpha-Keri** unless otherwise directed. It is important to keep baths/showers brief, and to bathe after playing in the grass.
5. For dry skin, apply **Aqua-phor, Eucerin, moisture or Alpha-Keri or Cetaphil** lotion to keep skin soft, particularly after baths/showers. Do not let the skin dry out. No prescription needed.
6. To rash and itching areas, apply very sparingly:
 - a. **1% Cortaid Cream, 2-3 times a day, if rash is mild.**
 - b. **Westcort Cream 0.2% or ointment, 2-3 times a day, if rash is more severe.**
Do not apply to face, unless directed.