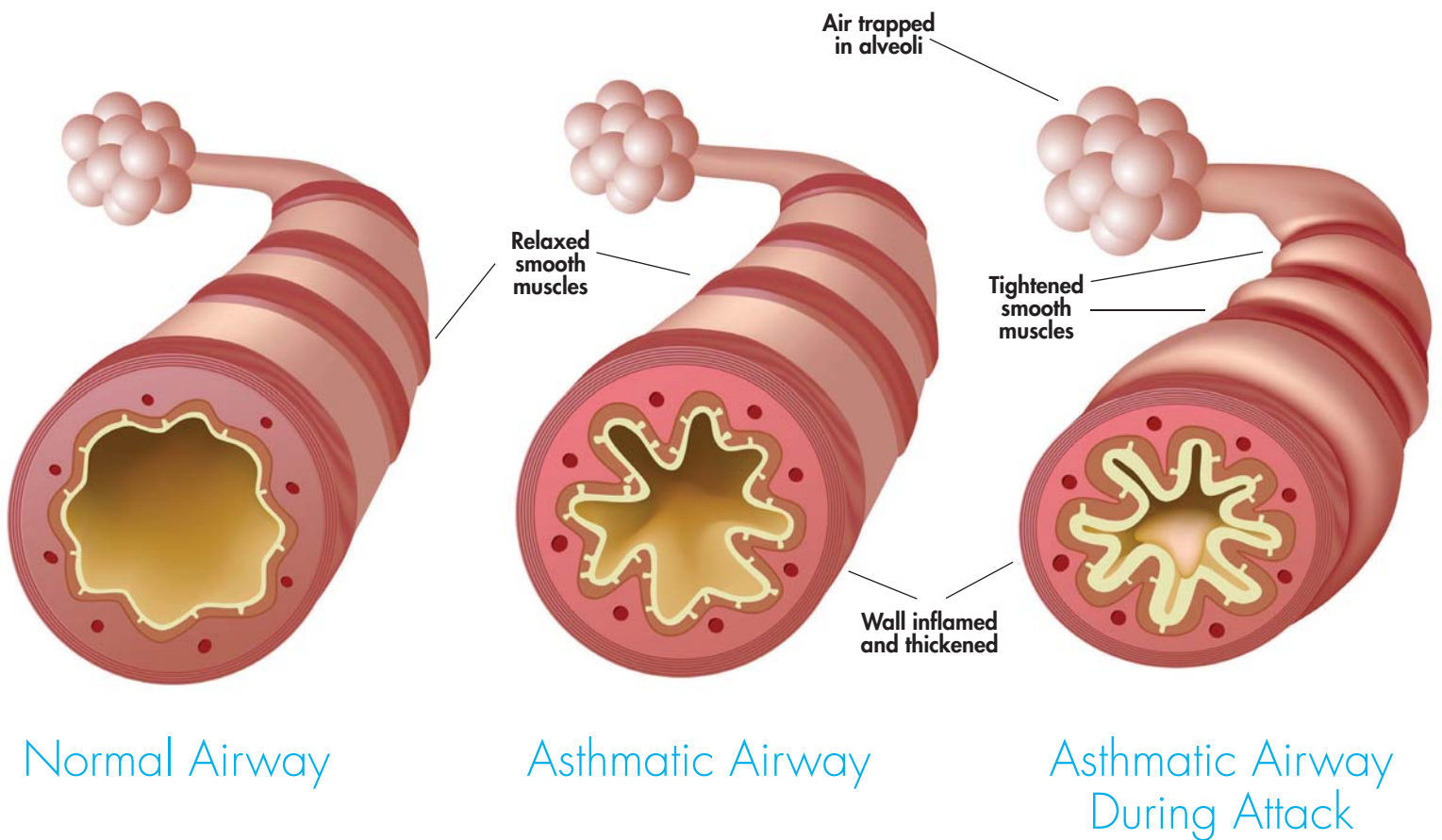




An asthma attack is when asthma symptoms are not controlled. The attack can be minor with symptoms that can be controlled with medicine at home, or it can be more serious. The key to stopping an asthma attack is treating it early and following the treatment plan agreed on with the doctor.



Signs of a severe asthma attack include:

- Breathing hard and fast
- Coughing, wheezing, chest tightness
- Breathing in so hard that the abdomen is sucked under the ribs
- Trouble speaking because of restricted breathing
- Gasping for air

Severe asthma attacks can be life-threatening and require emergency-department treatment.

Source: Mayo Clinic